

Pl. Name	Kat	Zeit																
Bahn 4a (8)			5,4 km 200 Hm 16 Posten (Forts.)															
			1(109) Ziel	2(111)	3(110)	4(119)	5(122)	6(121)	7(109)	8(117)	9(124)	10(102)	11(108)	12(101)	13(106)	14(109)	15(125)	16(100)
5 Fabian Weis TSG Bad König	H18	51:53	2:10 2:10 51:53 0:17	2:51 0:41	8:33 5:42	11:41 3:08	15:29 3:48	20:21 4:52	24:37 4:16	29:27 4:50	33:55 4:28	36:39 2:44	38:55 2:16	41:05 2:10	44:21 3:16	46:07 1:46	49:40 3:33	51:36 1:56
6 Anja Kästner TV 1894 Oberbexbach	D35	52:01	2:24 2:24 52:01 0:19	3:01 0:37	8:33 5:32	12:20 3:47	16:12 3:52	21:20 5:08	25:33 4:13	29:05 3:32	33:35 4:30	36:09 2:34	38:31 2:22	40:54 2:23	43:53 2:59	45:23 1:30	49:06 3:43	51:42 2:36
7 Kathrin Wiaterek SC Oberodenthal	D18	1:35:11	7:40 7:40 1:35:11 0:22	8:46 1:06	17:04 8:18	21:35 4:31	27:55 6:20	41:18 13:23	48:24 7:06	55:23 6:59	1:03:44 8:21	1:08:28 4:44	1:12:16 3:48	1:15:51 3:35	1:21:00 5:09	1:23:52 2:52	1:31:09 7:17	1:34:49 3:40
Horazio Mastroeni Frankfurt	H50	N Ang	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Bahn 4b (12)			5,4 km 200 Hm 16 Posten															
			1(109) Ziel	2(117)	3(124)	4(102)	5(108)	6(101)	7(106)	8(109)	9(111)	10(110)	11(119)	12(122)	13(121)	14(109)	15(125)	16(100)
1 Nikolaj Wanner OLG Siegerland	H50	45:52	2:46 2:46 45:52 0:18	5:39 2:53	9:15 3:36	11:33 2:18	13:14 1:41	15:04 1:50	17:19 2:15	18:22 1:03	18:53 0:31	26:05 7:12	28:28 2:23	31:47 3:19	35:54 4:07	39:41 3:47	43:02 3:21	45:34 2:32
2 Patric Stieler LT Düsseldorf-Süd	H50	51:07	2:03 2:03 51:07 0:19	5:27 3:24	9:28 4:01	12:03 2:35	14:08 2:05	17:00 2:52	20:12 3:12	21:34 1:22	22:14 0:40	27:57 5:43	30:39 2:42	35:09 4:30	39:57 4:48	44:16 4:19	48:03 3:47	50:48 2:45

Pl. Name Kat Zeit

Bahn 4b (12)**5,4 km 200 Hm 16 Posten (Forts.)**

			1(109) Ziel	2(117)	3(124)	4(102)	5(108)	6(101)	7(106)	8(109)	9(111)	10(110)	11(119)	12(122)	13(121)	14(109)	15(125)	16(100)	
11	Peter Fischer OLF Mainz	H50	1:18:47	3:14 3:14	8:56 5:42	15:01 6:05	18:43 3:42	22:17 3:34	25:40 3:23	30:16 4:36	32:12 1:56	33:27 1:15	42:44 9:17	48:04 5:20	55:23 7:19	1:03:01 7:38	1:09:11 6:10	1:15:04 5:53	1:18:23 3:19
			1:18:47 0:24																
12	Rosi Giemsa TV 1894 Oberbexbach	D35	1:29:51	2:55 2:55	8:00 5:05	13:45 5:45	17:02 3:17	20:29 3:27	23:05 2:36	27:27 4:22	29:15 1:48	30:39 1:24	40:06 9:27	44:30 4:24	1:05:03 20:33	1:12:09 7:06	1:17:53 5:44	1:25:15 7:22	1:29:13 3:58
			1:29:51 0:38			35:14 *121													

Bahn 5a (5)**4,3 km 180 Hm 13 Posten**

			1(107)	2(108)	3(101)	4(126)	5(102)	6(107)	7(127)	8(110)	9(107)	10(106)	11(118)	12(115)	13(100)	Ziel	
1	Ralf Döllgast TV 1894 Oberbexbach	H55	39:35	4:06 4:06	5:53 1:47	7:50 1:57	10:05 2:15	13:51 3:46	16:25 2:34	20:53 4:28	25:18 4:25	29:54 4:36	33:11 3:17	37:09 3:58	38:40 1:31	39:18 0:38	39:35 0:17
2	Ulrike Döllgast TV 1894 Oberbexbach	D45	45:33	7:40 7:40	9:23 1:43	11:26 2:03	13:01 1:35	16:43 3:42	19:20 2:37	24:33 5:13	29:37 5:04	36:05 6:28	39:12 3:07	42:53 3:41	44:25 1:32	45:10 0:45	45:33 0:23
3	Andrea Rau TV Aschbach	D45	47:57	4:51 4:51	6:53 2:02	9:16 2:23	11:26 2:10	15:29 4:03	18:39 3:10	25:13 6:34	31:02 5:49	36:19 5:17	39:37 3:18	45:04 5:27	46:59 1:55	47:38 0:39	47:57 0:19
4	Peter Gierlach WOLF Haltern	H55	48:42	4:34 4:34	6:23 1:49	8:33 2:10	10:10 1:37	14:06 3:56	16:59 2:53	22:52 5:53	31:49 8:57	38:30 6:41	42:04 3:34	45:53 3:49	47:34 1:41	48:21 0:47	48:42 0:21
5	Richard Weber Hockenheim	H55	52:43	7:26 7:26	9:48 2:22	12:15 2:27	14:20 2:05	19:02 4:42	22:15 3:13	28:21 6:06	34:31 6:10	40:07 5:36	44:37 4:30	49:24 4:47	51:24 2:00	52:21 0:57	52:43 0:22

Bahn 5b (7)**4,3 km 180 Hm 13 Posten**

			1(107)	2(127)	3(110)	4(107)	5(108)	6(101)	7(126)	8(102)	9(107)	10(106)	11(118)	12(115)	13(100)	Ziel	
1	Uwe Krausbauer CTG Koblenz	H55	38:17	3:46 3:46	8:08 4:22	12:29 4:21	16:58 4:29	18:54 1:56	21:10 2:16	22:51 1:41	26:27 3:36	29:04 2:37	32:05 3:01	35:30 3:25	37:11 1:41	37:56 0:45	38:17 0:21
2	Klaus Pflästerer Lauffreunde Weinheim	H55	43:53	3:50 3:50	9:35 5:45	15:24 5:49	19:51 4:27	21:41 1:50	23:48 2:07	25:19 1:31	32:40 7:21	34:54 2:14	38:10 3:16	41:28 3:18	42:54 1:26	43:34 0:40	43:53 0:19

Pl. Name	Kat	Zeit																
Bahn 6b (10)			4,1 km 160 Hm 16 Posten (Forts.)															
			1(106)	2(129)	3(130)	4(121)	5(110)	6(106)	7(117)	8(107)	9(108)	10(126)	11(106)	12(109)	13(116)	14(125)	15(105)	16(100)
			Ziel															
6 Günter Kreft OLF Mainz	H60	58:22	3:59	5:51	7:28	10:56	14:31	21:48	25:54	30:11	32:40	35:46	38:26	41:46	48:16	52:04	55:02	57:58
			3:59	1:52	1:37	3:28	3:35	7:17	4:06	4:17	2:29	3:06	2:40	3:20	6:30	3:48	2:58	2:56
			58:22															
			0:24															
7 Gerda Müller SV Mörlenbach	D55	1:02:04	2:24	4:35	6:43	10:32	14:51	24:46	29:26	32:59	36:18	40:06	43:18	46:23	49:44	54:01	57:54	1:01:35
			2:24	2:11	2:08	3:49	4:19	9:55	4:40	3:33	3:19	3:48	3:12	3:05	3:21	4:17	3:53	3:41
			1:02:04															
			0:29															
8 Valentina Schlee OLF Mainz	D55	1:03:48	5:37	7:39	11:16	14:20	17:47	29:58	34:44	37:39	40:22	46:44	49:32	51:29	54:42	57:51	1:00:34	1:03:20
			5:37	2:02	3:37	3:04	3:27	12:11	4:46	2:55	2:43	6:22	2:48	1:57	3:13	3:09	2:43	2:46
			1:03:48															
			0:28															
Jürgen Wichter OLF Mainz	H60	Fehlst	2:21	4:54	6:48	9:27	12:54	20:10	23:07	26:20	28:45	-----	34:32	36:25	38:56	42:33	45:32	48:18
			2:21	2:33	1:54	2:39	3:27	7:16	2:57	3:13	2:25		5:47	1:53	2:31	3:37	2:59	2:46
			48:40															
			0:22															
Carlo Mastroeni Frankfurt	H14	Fehlst	9:04	13:51	-----	18:29	22:48	36:16	44:15	48:08	52:50	1:06:57	1:11:05	1:15:12	1:23:14	1:29:46	1:36:07	1:39:59
			9:04	4:47		4:38	4:19	13:28	7:59	3:53	4:42	14:07	4:08	4:07	8:02	6:32	6:21	3:52
			1:40:42		13:35													
			0:43		*111													

Bahn 7 (13)**3,4 km 105 Hm 10 Posten**

			1(101)	2(102)	3(124)	4(127)	5(122)	6(121)	7(106)	8(111)	9(115)	10(100)	Ziel
1 Team 1 FSV Saulheim	TL	27:47	2:14	4:47	6:32	8:42	13:11	18:08	21:47	23:36	26:47	27:24	27:47
			2:14	2:33	1:45	2:10	4:29	4:57	3:39	1:49	3:11	0:37	0:23
2 Team 3 FSV Saulheim	TL	28:40	2:17	5:00	6:47	9:39	14:21	19:01	23:25	24:36	27:55	28:25	28:40
			2:17	2:43	1:47	2:52	4:42	4:40	4:24	1:11	3:19	0:30	0:15
3 Uwe Uster (ohne Verein)	TL	32:42	3:13	5:56	7:44	10:12	15:43	21:21	25:41	27:21	30:54	32:21	32:42
			3:13	2:43	1:48	2:28	5:31	5:38	4:20	1:40	3:33	1:27	0:21

